

**Virginia Farm Bureau Women's Leadership
Conference
August 27-29, 2021
The Hilton Spa & Hotel – Short Pump
Proposed Agenda**



The purpose of the Women's Program is to promote agriculture through education, leadership and advocacy.

Friday, August 27, 2021

3:00 pm to 6:30 pm	Registration and auction check in
6:30 pm	Welcome Dinner and Program National Anthem – Samantha Easter Icebreaker Presentation by: Wayne Pryor, President, Virginia Farm Bureau Federation Keynote Speaker: Lorenda Overman, American Farm Bureau Women's Leadership Committee Vice-Chair
7:45 pm	Live Auction with Auctioneer, Reggie Owen
End of program	Silent Auction closes All counties to bring items for the Live and Silent auction

Saturday, August 28, 2021

7:30 am	Breakfast
8:00 am	General Session Announcements Silent Auction Opens
8:30 am to 9:30 am	Workshop rotation 1
9:45 am to 10:45 am	Workshop rotation 2
11:00 am to 12:00 pm	Workshop rotation 3
12:00 pm	Lunch Women's Program Highlights – Faye Hundley, Chair
2:00 pm	

	Free Time
	Optional Cream Cheese Making class
	Optional Agriculture in the Classroom Volunteer Toolbox Virtual Programs
5:00 pm to 6:30pm	Agriculture in the Classroom Donation Gathering
6:15 pm	Silent Auction closes
6:30 pm	Dinner and Entertainment, Bob Farmer, motivational speaker

Sunday, August 29, 2021

8:00 am	Breakfast
9:00 am	Devotionals – Emily Edmondson, District 2 board of director Music – Samantha Easter
9:45 am	Closing Session County Women's Committee Program Awards Recognition No Kids Hungry donations Announcements
11:00 am	Adjournment

Workshop Descriptions:

Medicare 101 If you have questions about Medicare and would like to understand how all the pieces work together, this workshop is for you. If you're nearing retirement, are on or soon to be on disability, are age 65 and still working or are currently on Medicare, you will benefit from the information provided in this Medicare 101 workshop. Tracy Cornatzer, Sales Manager and Gina Gentilini, Account Executive - Experient Health

Mental Health: If You Were a Sunflower-What Would You Look Like?

This interactive workshop will explore the resiliency of farm families and how feelings, emotions, choices, and actions affect the quality of one's life. Using the analogy of the types and appearances of sunflowers, participants will have the opportunity to examine the causes and symptoms of stress. Developing an awareness of ways to handle stress and/or help someone else is a goal of this workshop. Becky Broaddus, Eastern district leader and Lynwood Broaddus, president, Caroline County Farm Bureau

How Do You See the Future of the Women's Program – Clay and Dana will lead an interactive discussion on where you see the future of Farm Bureau women's committees. Come prepared with ideas and suggestions for future programming, trainings and partnerships. Clay Francis, VP Membership Field Services, Dana Fisher – Sr. District Field Service Director

Growing Virginia Agriculture - Farming Videos

Are you interested in learning what is growing around the state of Virginia? Then join us for three different farm video clips with a question session with the farmer, following each video. Featuring: Robert Mills – Briarwood Farms, Scott Sink – Hethwood Market, and Dominic Barrett – Shalom Farms

Herbs, Flowers and More!

Have you ever wondered what to do with all the herbs or flowers you grow? Cathy Boggess with Loxley Farms will tell you about your garden flowers to enjoy their



all the uses of herbs and how to dry scents inside the home.

Free time:

Cream Cheese Making Class
Farm.

with Sharon Munyaik of Hobby Hill

Agriculture in the Classroom Volunteer Toolbox & Virtual Programs – From corn bins to virtual videos, Virginia AITC has a vast array of outreach resources and are always open to consult with volunteers to develop unique ideas for county events. This session will focus on highlighting AITC resources and sharing successes from county committees. Come prepared to share your story and have some fun. Tammy Maxey, Programs Director.