Description of Contest
This is a contest sponsored by Virginia Farm Bureau Young Farmers. Participants will be scored on how they facilitate and contribute to a discussion on the chosen topics for that years’ competition. The participant’s responsibility is to exchange ideas and information to solve a problem. A successful participant is a productive thinker rather than an emotional persuader, who is free to state beliefs and change positions whenever new information and ideas make that a reasonable thing to do.

Levels of Competition
District, State

Age categories are as follows, using September 30th of the 4-H year as the determining date. The exception is for national contests, in which January 1 or another date may be used. It is the contestant’s responsibility to check national rules for age deadlines.
Seniors (ages 14-18)

Awards to be Earned
The top four (4) youth at each district competition will advance to the 4-H Congress competition. Scholarship monies from Virginia Farm Bureau Young Farmers will be awarded to the state winner and finalists.

Rules for this Contest
1. Participant must compete in a district event to qualify for the state competition and meet any other rules dictated by the 4-H program.
2. Participant must be present at an orientation and in the competition room 15 minutes prior to each round of the contest time to be eligible.
3. Participant will research issues on the posed questions in preparation for that years’ competition. (questions will carry throughout the year and end with the state competition)
4. Participant will give a 30 second opening statement, then participate in the discussion.
5. Participant cannot bring written material to the stage during the competition, but can take notes and write reminders after the moderator has given permission.
6. Participant will discuss solutions to and actions that resolve the posed issue.
7. Participant will give a one-minute closing statement.

Sample YouTube Videos for Youth in This Contest
www.tinyurl.com/youthdiscussionmeet